

WHAT A WASTE!

Where does it come from?

Food waste is generated from households, markets, hawker centres, supermarkets and food courts or other eating establishments.

Where does it go?

About **17% of the food waste in Singapore is recycled**. The rest is incinerated and sent to the landfill.¹

What's the big deal?

Singapore is a small country with limited space. At the rate we are producing waste, **we will need a new incineration plant every 7-10 years, and a new landfill every 30-35 years.**² The resources and labour used to produce the food also go to waste, along with hard-earned money we use to buy food.

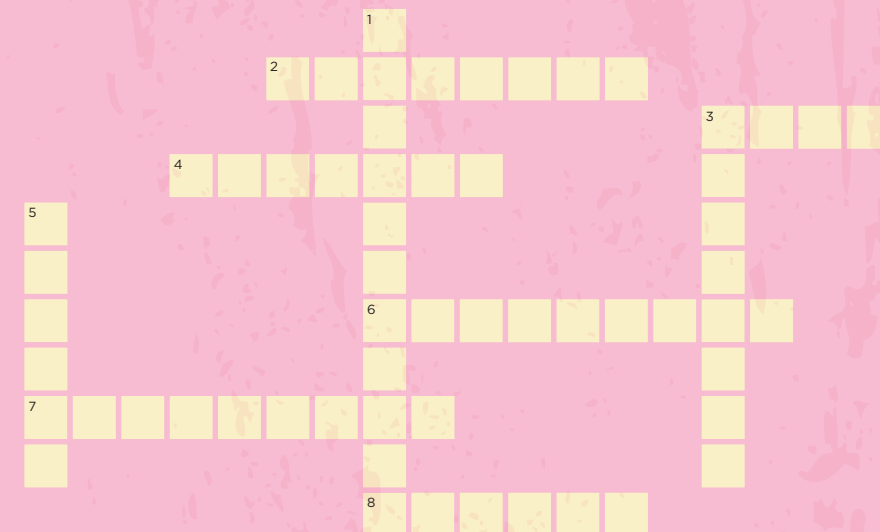
What can we do about it?

Practise the tips in this handy guide to reduce and recycle food waste!

^{1, 2} National Environment Agency
- <http://www.nea.gov.sg/energy-waste/waste-management/waste-statistics-and-overall-recycling>

★ ACTIVITY ★

FIND THE CORRECT ANSWERS!



- Growing food takes time, hard _____ ^{3 across} and _____ ^{6 across}.
- Let's practise these eco habits together:
 - Order only what you can _____ ^{5 down}
 - Ask for a smaller _____ ^{4 across} if you intend to eat less
 - _____ ^{8 across} excess food to help the needy.
- We should _____ ^{7 across} our food waste and recycle it in the food waste digester.
- If food waste is not recycled, it is _____ ^{1 down} (turned into ash) and sent to Semakau _____ ^{2 across}.
- One of the environmental guiding principles is, "Let's Not Be _____ ^{3 down}".

Visit www.cgs.sg/resources for more videos and resources.



In support of



LOVE
YOUR FOOD
@SCHOOLS
LET'S NOT BE WASTEFUL



HANDY GUIDE

HOW MUCH WASTE DO WE GENERATE?



In 2018, Singapore generated **763 million kg of food waste!** Food wastage happens when we buy, order or cook more than we can eat.

Out of that huge amount of food waste, only 17% is recycled.

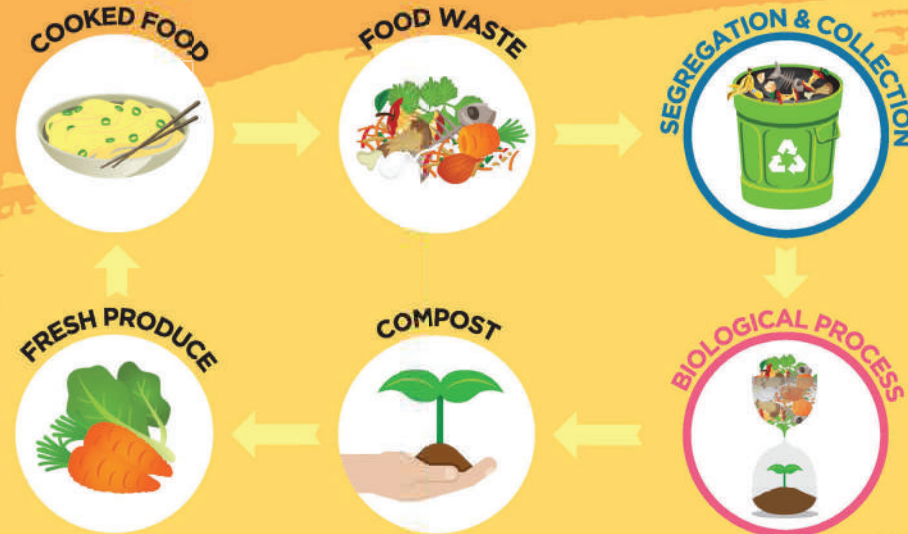


Growing food takes time, hard work and resources. Let's not waste them!



Food waste refers to all unconsumed food substances that are disposed of or recycled.
Food wastage refers to food waste occurring at the end of the food supply chain (that is, at the retail and final consumption stages), resulting from retailers' and consumers' behaviour.

FOOD WASTE RECYCLING LOOP



HOW TO RECYCLE FOOD WASTE

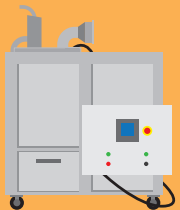
STEP 1

Segregate your food waste from non-food items using this bin.



STEP 2

Put the food waste into the food waste digester.



Micro-organisms, enzymes and emulsifiers digest food waste in the digester and convert it into compost within 10 hours.

FOOD MANAGEMENT CYCLE



TIPS FOR ORDERING FOOD



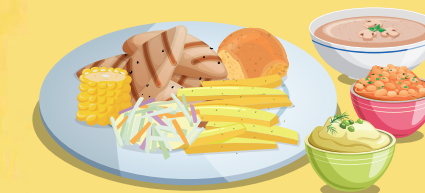
✓ Start with less food on the table and order more later, if you need to.



✓ Share dishes with your friends.



✓ Ask for a smaller portion if you intend to eat less.



✓ Don't rush to order more. It takes time to feel full.

✓ Say 'No' to side dishes you don't eat.